你必须把好的和坏的都交给神。行动成果的好和坏都不必去执着。神超越好和坏，因为祂是非二元性的。当任何纯净或污染的水流入恒河时，你会发现恒河的圣洁是不会受到影响的，其圣洁度也决不因此减少。同样，不论你把什么东西抛入火中，它都会燃烧，火不会因你抛入杂物而受到污染。因此，如果你把好坏都供奉给神，最终你是会获益的。

举个小例子。假设你有一张志银五百卢比的钞票在你口袋里而你有事外出，你会小心翼翼地看好这张钞票，以免给丢了。在咖啡店喝咖啡时你把手放进口袋以确保钞票不会被扒手扒走。就连进入电影院，你也会提高警觉。但在另一方面，如果你把钱存入银行，转入你的户头，这就安全了而你就再也不必为它担心。同样，如果你把所有的善行都交给神而不执着于行善的任何功德，你自然就变得谦卑和单纯了。在此，你不邀功，你感激神。你对神充满感恩之情。然而，如果你拥有和要求善行的果报和功德，你就会觉得自己是作者以致产生傲慢和自私的心态。是故，你应该把善行的果报完全交给神。

那么，邪恶或不良的一切是否也要交个神呢？你也许觉得这么做不很恰当。然而，你会发现这么做最终对你很有帮助。给你举个例子吧！假设你有一张破烂的、肮脏的五百卢比的钞票，你不会把它丢掉，因为它还有价值，但你不能用它，不能买东西。

没有人愿意接收这样破烂的钞票。你进退两难，既不能丢掉又不能派上用场。然而，如果你到'储备银行'去更换，他们就会接收而给你一张等值的新钞票。有一个条件是必须的，那就是，钞票的号码必须清晰可见，他们才会更换。同理，你把善行和恶行的'钞票'供奉给神之后，祂会查看'钞票'上的'虔诚'的号码并给你一张'改造你'的好'钞票'。神是储备银行。只有神能够接收和改造你的邪恶素质和邪恶行为并使之成为良善者来退还给你。所以，好坏都必须交给神，这是为了你自己的终极利益。

问题：

1. 神接受信徒供奉什么样的成果？为什么？【公开讨论】
2. 你认为什么样的成果才能取悦神呢？请解释。【顺序讲述】
3. 你有一张很破烂的一千元要存入银行，可是被拒绝了。你认为是什么原因呢？你该怎么办？【公开讨论】
4. 你觉得应该怎么做才能显示你对神的虔诚？【顺序讲述】

取自：实谛奥义书- 116 问

You have to surrender both good and bad to God. Never get yourself attached to the results of your actions, be they good or bad. God is beyond these two opposites as He is non-dual. Any water, pure or impure when mixed with Ganga, you will notice, does not affect the sanctity of Ganga. The sanctity never diminishes. Similarly, whatever you put into the fire gets burnt. The fire is in no way affected or polluted by those things that are put into it. Hence, if you offer both good and bad to God, ultimately you will be benefited.

A small example. Suppose you have a five hundred rupee currency note in your pocket, and you need to go out on some business and return later. You will be very careful to see that you do not lose it. You keep your hand on the pocket if you go to a cafeteria for a cup of coffee so that no one will pick your pocket. Even in a theatre, you will be vigilant. But on the other hand, if you deposit that money in the bank, it will be credited to your account and it will be safe. Then, you don't need to bother about it further. So also, if you surrender all the good you have done to God without attaching any value to the results, what happens is that you will be humble and simple. Here you do not take the credit. You thank God. You are full of thankfulness and gratitude to God. But if you own and claim the results of all your good and meritorious deeds, you will feel that you are the doer, so much so you will become proud and egoistic. Hence, you should surrender the reward of your good actions to God.

Then how about the evil or bad to be offered to God? You may feel that it is not proper to do so. Yet, you will notice that it will help you finally. A small example for you in this matter. Suppose you have with you a spoiled, dirty and half-torn five hundred rupee note. You don't throw it away as it is a valuable currency note. But you have not been able to use it.

No one will accept that note. You are not in a position to buy anything. So, you can neither throw it away nor use it. But, if you deposit the very same currency note in the Reserve Bank, they accept it and give you a brand new note. One thing is very necessary. The number on the currency note should be very clear for them to accept and give you a good note. Similarly, the currency note of your deeds and consequences of your bad action, if offered to God, He will see the 'number' of 'devotion' on the note and give you in turn the good note or transform you. God is the Reserve Bank. Only God can receive your evil tendencies and misdeeds and transform them into good ones and give them back to you. Hence, both good and bad must be offered to God for your own ultimate benefit.

Questions:

1. What will God accept from devotees? Why?【Open discussion】
2. What will please God? Please elaborate.【Sequential narration】
3. You have a spoiled one-thousand dollar note to be deposited into the bank, but was rejected. What do you think is the reason? What should you do?【Open discussion】
4. What should you do to show your devotion to God?【Sequential narration】

Source：Satyopanisad Q116